2026 Clarkson Summer Wrestling Technique Camp

June 23-24, 2026
8:00 am-10:30 am
Clarkson Gym

Technique Camp Emphasizing: Basics of position, attacking, and defending. Introduction to leg wrestling and tilts, throws and counters.

Schedule: K-3rd Grade 8:00 am -9:00 am; 4th-8th 9:00am-10:30am Wrestling Technique/Live Wrestling/Games

Cost: $25 a camper; checks made payable to Clarkson Wrestling

Registration: Please return registration to Clarkson Public Schools or Coach Molacek by May 20, 2026. Registrations may be messaged to Coach Molacek. We will be accepting walk-ins. Walk-ins will not receive a camp t-shirt.

Additional Information: The intent of this camp is to instill and emphasize the importance of fundamentals in winning on the wrestling mat. There will be special emphasis placed on mat wrestling using the legs. There will be many pinning combinations and tilts being demonstrated and practiced as a part of this camp experience.

Contacts: Ryan Molacek Mobile: (402) 380-8254

----------Complete and Return by May 20th or Camps First Session----------

Name: _____ Grade: _____ Age: _____

Address: _____City: _____State: _____

Phone: _____ T-Shirt Size _____

I certify that the above information is correct, and that the above wrestler has permission to wrestle in the Clarkson Wrestling Camp. I hereby release Clarkson Public Schools and the Clarkson Wrestling Club and their agents, from any liability for accidents or injuries occurring at this camp. I hereby authorize medical treatment administered by licensed medical personnel, in case of injury or accident. Additionally, Clarkson Public Schools/Wrestling Club is not responsible for loss or theft of items left unattended.

Wrestler's signature: _____

Parent/Guardian Signature: _____ Date: _____